

Discover Your Bali

**MAP +
ITINERARY**



Contents

02

About Anne & Discover Your Bali

04

Discover Your Bali Map & Itinerary

16

What's included in the price?

17

Dos and Don'ts in Bali

18

Frequently Asked Questions

19

Your Special Deal



About Anne



FOUNDER OF DISCOVER YOUR BALI

Anne McCormick hadn't left the continent before when, in 2006, a friend convinced her to travel to Bali with him. Swept up by the amazing people and magical energy of Bali, Anne found she didn't want to leave. At the airport, she vowed to return for much longer. After her second trip to Bali, she promptly quit her job, sold her home in Alberta, and moved to Bali for months at a time.

A bookkeeper by trade, Anne began to realize she was happiest when showing friends and family around the beautiful country she has come to call her second home. She has dedicated her new career to running uniquely intimate group experiences for women who want to have their own adventure in Bali without having to do it alone.

A CUSTOMIZED TRAVEL EXPERIENCE UNLIKE ANY OTHER

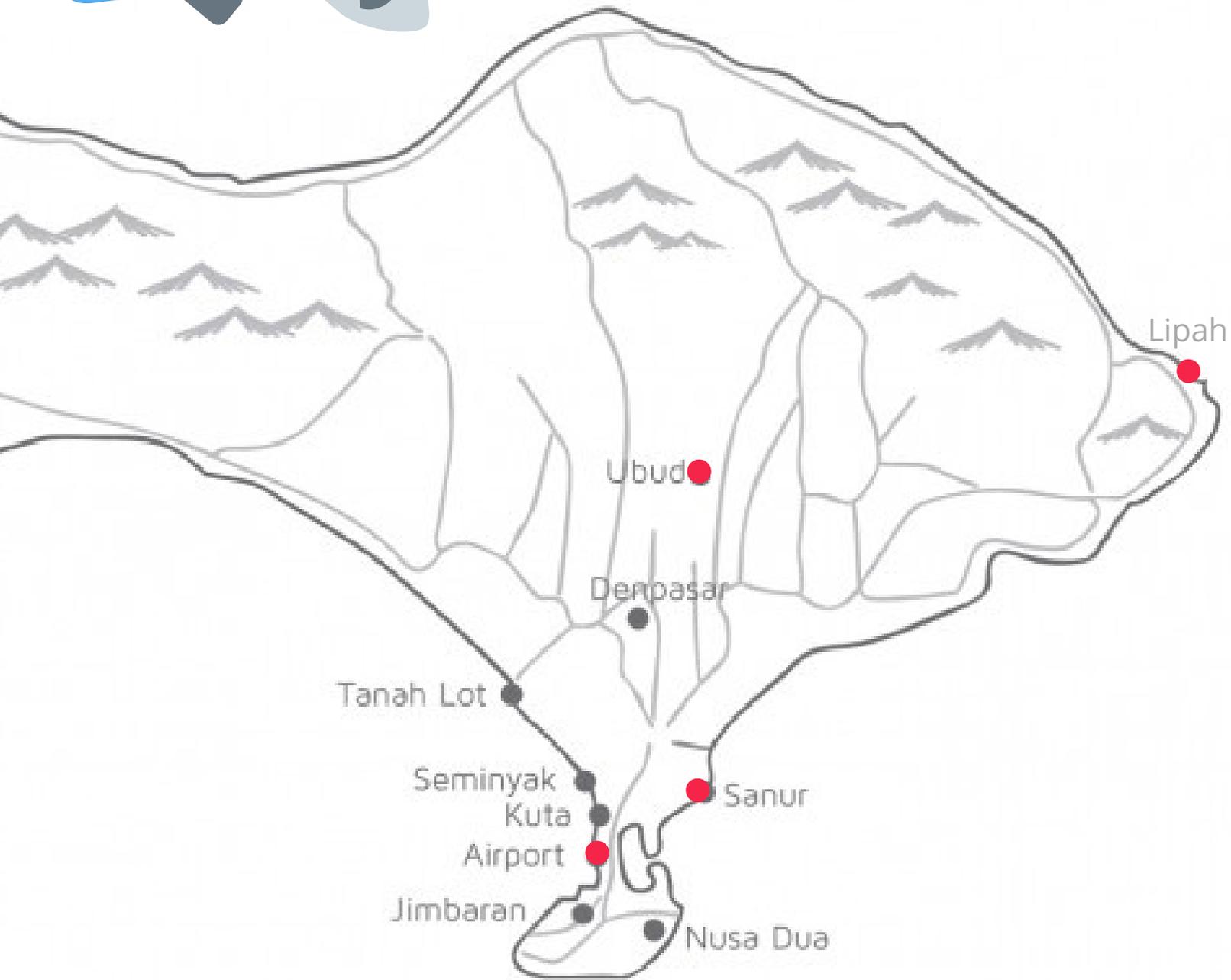
Anne designed Discover Your Bali with herself in mind. She knew she didn't want to host an on-the-bus-off-the-bus style tour, with jam-packed days, fast-moving schedules, and a busy group atmosphere. She wanted to linger in places, let people explore, eat, and take it all in. She wanted to design a custom experience, allowing her group to get to know one another. She wanted a place to retreat by herself to recharge with a good book, and she knew others would want the same.

Discover Your Bali is whatever experience you want it to be. Anne balances travel days and busy days with relaxing local activities and free time. There are many experiences included in the package, from attending traditional ceremonies, snorkelling, hiking, visiting temples, and relaxing on the beach, but everything is optional. You always get your own room and Anne has capped the groups at 10 women to keep it intimate and fun.

Discover Your Bali



Bali





UBUD

We spend the 7 days in Ubud, the spiritual and art centre of Bali.

DAY 1

Arrival in Bali. You will be greeted at the airport, travel to the hotel in Ubud, and meet the group at dinner.

DAY 2

We will plan logistics in Bali, exchange currency, prepare phones for use in Bali, and explore the local markets, attend an offering class, and attend an evening cultural music performance

DAY 3

Visit a museum that houses amazing art and demon sculptures used at yearly Balinese ceremonies. Visit two must-see floating temples, Tanah Lot and Bedugul



UBUD

DAY 4

Explore rice paddies, go to the spa, check out local temples, see the traditional market, attend a yoga class, see mini Indonesia, or just relax as you see fit.

DAY 5

Take in amazing views on the Cjamphuan Ridge Walk and visit the tangled tree roots and stone structures in the Monkey Forest... where you might make some new friends!

DAY 6

Visit the temple and holy spring at Tirta Empul and nearby Kintamani to see the volcano. We will have lunch and coffee at a coffee farm in the area.



DAY 7

Attend a Balinese cooking class to bring home the taste of Bali! This is a day for relaxation and personal time.

DAY 8

Visit stunning Kunung Kawi Sabtu temple and take part in a purification ceremony. Later, we'll explore Penglipuran Village and lose ourselves for a while in the bamboo forest.

DAY 9

Explore rice paddies, go to the spa, check out local temples, see the traditional market, attend a yoga class, see mini Indonesia, or just relax as you see fit.



KISKENDA COTTAGES

We'll be staying at Kiskenda Cottages & Restaurant for our time in Ubud. It is situated in lush green gardens with peaceful rice field views.

The air-conditioned rooms have a modern design with Balinese touches. There is a swimming pool and restaurant located on the property. You will get your own private room for the duration of our stay.

Kiskenda Cottages is within easy walking distance to the Monkey Forest, Ubud Palace, the traditional market, and the rice field walking paths.

See the next page for photos!

KISKENDA COTTAGES





*We spend the next three days on peaceful
Lipah Beach and the surrounding area*

DAY 10

Drive from our hotel in Ubud to Lipah Beach. Here we will visit one of the most amazing sights in Bali, Tirta Gangga, the former royal palace, known for its water palace and extensive grounds.

DAY 11

We'll hop in the water and snorkel around a Japanese Shipwreck from World War 2.

DAY 12

Attend a fun and traditional pig roast on the beach. This area is also lovely to trek around and explore, as it's less populated than Ubud and Sanur.



CORAL VIEW VILLAS

Located on the northeast coast of Bali, this beach side accommodation is located in the wonderful fishing village of Lipah.

Coral View Villas is nestled between the lush green hills and the black sand beach. The air-conditioned rooms are located in the meticulously maintained grounds with gardens, palm trees, and swimming pool.

Get adventurous and hike the hills, go fishing in a small Jukung, try scuba diving or go snorkelling from the beach in front of the hotel. There are restaurants and convenience stores within walking distance.

There is an open air restaurant with an ocean view serving western and Balinese food, and you get your own private room for the duration of our stay. See the next page for photos!

CORAL VIEW VILLAS





Our last three days are spending winding down in Sanur, known for its coastal ambience

DAY 13

We will take some time to relax in Lipah before journeying to Sanur and settling in at our hotel.

DAY 14

On our last full day in Bali, we are free to explore the fun streets of Sanur, known for its shopping, spas, and beach. We'll spend the day how we wish and reconvene for dinner.

LAST DAY

It's time to pack up and jet home or continue on your adventure. I'll make sure you get to the airport on time, and ensure you're supported for the next stage in your travels



PARIGATA RESORTS + SPA

Reputed to be the most beautiful white sand beach in Bali, Sanur is located on the east coast in the south of Bali. The air-conditioned accommodations are located a short walk from the beach. You get your own private room for the duration of our stay.

There also several great restaurants and popular shopping areas nearby.

The rooms overlook the tropical gardens and swimming pool to create an exotic and welcoming atmosphere. Kick back and read a book, enjoy some time at the spa, take a swim, and explore this small slice of paradise.

PARIGATA RESORTS + SPA



What's Included in the Price?

The trip total is \$4,875 CAD

This includes*:

- All transportation (in an air-conditioned vehicle, including to and from the airport)
- 14 nights at 3 and 4-star hotels and resorts in Ubud, Lipah, and Sanur
- Entry to several temples and the prices of included activities
- 2 dinners and 3 lunches at select restaurants
- All breakfasts
- 14 days of curated activities for each area

**Anne will book your airfare and travel insurance upon request.*

(see your special offer at the end!)

Dos and Don'ts in Bali

- Drink bottled water, not tap water
- Do haggle in markets and street shops, don't haggle too hard or if you have no intention of purchasing
- Don't touch people's heads including kids (even if they are very cute). It is considered the most sacred part of the body
- Do cover shoulders & wear a sarong and sash (provided at most temples) when entering a temple
- Don't enter a temple whilst menstruating, or if you have an open wound
- Use your right or both hands when giving or receiving cash
- Don't use your left hand for handing over anything. Basically avoid using your left hand
- Don't use your forefinger to point. Instead use your right thumb or baby finger
- Don't crook your finger for someone to come to you
- Take your shoes off when entering someone's home. Helpful hint: whenever you see a row of flip flops outside a doorway, you should take off yours before entering
- Don't touch or point at someone with your feet – it is considered very offensive
- Don't lose your temper or raise your voice – this is also considered offensive
- To endear yourself to the Balinese, you only need to smile, keep your voice down, and be respectful
- Things run on Bali Time (a very relaxed schedule). Be patient

Frequently Asked Questions

Do I need to learn Indonesian words?

No you do not, although the locals appreciate when you greet them in Indonesian. Balinese are accustomed to English-speaking visitors and most of them speak passable English, especially in more populated areas.

How much is airfare to Bali from North America?

Airfare to Bali is typically under \$1500.00 CAD.

What is the weather like?

I love to host people in Canadian winter, which happens to be wet season in Bali. Before you imagine endless torrents of rain, don't worry! Bali's wet season most often consists of 1 hour of downpour in the afternoon with the rest of the day being quite clear. It falls outside the geographic area in Asia that experiences monsoon, keeping it relatively dry. However, Bali is lush and green for a reason, so when it rains, we embrace it!

How long is the flight?

The total travel time from Canada, including airport stops, runs at about 24 hours. I know this is a big deal for a lot of people (and I don't want to let the journey stop you from seeing Bali!) so I've created a complimentary Sexy Savvy Guide to Air Travel to get you ready and comfortable for the journey.

Where will I transfer planes?

I choose flights based on the best price and easiest routes for you, so you might transfer planes in South Korea, Japan, or Taiwan.

What's the currency in Bali, and is it better to exchange before I leave home?

The currency is Indonesian Rupiah. You can exchange at home, but I suggest bringing Canadian or American cash with you and waiting until you land in Bali to trade currency, where the exchange fees are cheaper. I will take everyone for a cash run on the first full day of the trip. ATMs are abundant if you need to make more stops.

What is the best way to use my phone in Bali?

If your provider doesn't offer a great travel deal, I suggest unlocking your phone in Canada and purchasing a cheap SIM card in Bali. This is what I do when I'm there, and it's very cost effective. Another option is to simply leave your phone in airplane mode if you don't need to make calls or text, and use Wifi (available in all our hotels) to send emails.

What if I want to stay in Bali longer?

This is a popular question! I cap my experiences at two weeks to make it easy for people with standard two-week holidays. However, if you want to stay longer let me know and I can offer services to book your accommodations, ensure you have transportation, and support for the remainder of your time.

Can you help me if I want to travel to nearby countries after?

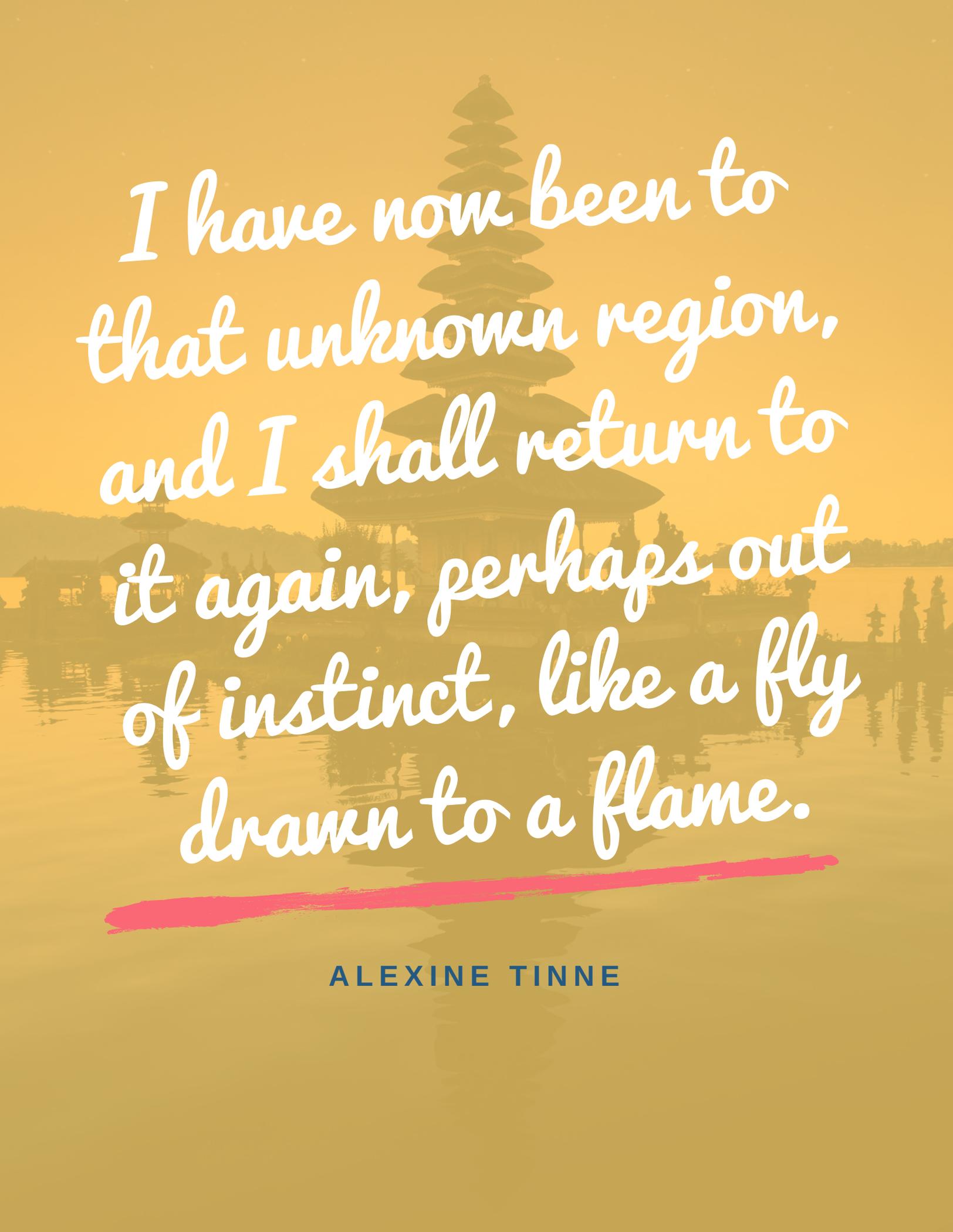
I know a lot of people want to see more while they're in the area, with popular destinations being Cambodia, Singapore, Vietnam, Indonesia, Australia, etc. I have connections with tour guides in some of these countries, so let me know well in advance and I may be able to offer you some support services.



SAVE
\$875

IF YOU SIGN UP FOR A
DISCOVER YOUR BALI
EXPERIENCE IN THE
NEXT 7 DAYS

Email Anne at anne@discoveryourbali.com to
take advantage of this discount@

The background of the image is a warm, golden-yellow sunset over a body of water. In the center, a traditional Chinese pagoda with multiple tiers is silhouetted against the bright sky. The pagoda's reflection is visible in the calm water below. The overall mood is serene and contemplative.

*I have now been to
that unknown region,
and I shall return to
it again, perhaps out
of instinct, like a fly
drawn to a flame.*

ALEXINE TINNE